

PRESCHOOL SOCIAL SKILLS GROUP



Mondays 3:30 – 4:30 (1st – 3rd grade)
Wednesdays 3:30 – 4:30 (pre-k4 - kindergarten)

This group is for preschool age children (3's and 4's and young 5's) with an emphasis on foundational skills needed for improved peer interactions and classroom success.

The group sessions will target:

- Language development – expressive and receptive; phonemic awareness; pre-reading development
- Following multi-step directions; staying on task, early sequencing
- Fine motor development - pre-writing skills, hand strengthening and cutting skills and motor planning
- Self-regulation strategies – sensory processing, staying with a group plan, recognizing sizes of problems and impulse control
- Peer interaction – how to join a group, interactive play, recognizing social cues and how actions affect others
- Take home ideas for parents to utilize strategies so children can learn to apply skills across environments
- Sensory integration and oral motor control with feeding for “picky eaters”



Monique Manning
OTR, PLLC

Teya Miller M.A.,
CCC-SLP

Location

**WE ROCK THE
SPECTRUM**
**1022 WIRT RD, SUITE
314
HOUSTON, TX 77055**

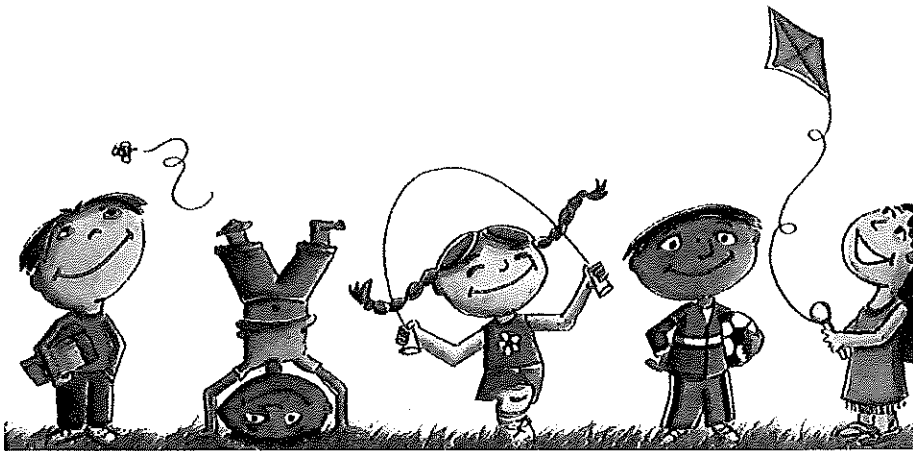
Save your spot!

Paula Fernandez
(832)-304-1093

or
Monique Manning
otmoman@yahoo.com

Visit us at
www.therapyatthezone.com

PRESCHOOL SOCIAL MOTOR GROUP



Tuesdays 3:15-4:15

This group is for preschool age children (3's and 4's and young 5's) with an emphasis on foundational skills needed for improved peer interactions and classroom success.

The group sessions will target:

- Language development – expressive and receptive; phonemic awareness; pre-reading development
- Following multi-step directions; staying on task, early sequencing
- Fine motor development - pre-writing skills, hand strengthening and cutting skills and motor planning
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ABOUT US:

Melissa Zilich
OTR, M.O.T.

Melissa has a Masters in Occupational Therapy and over 20 years of experience working with children with ASD, sensory processing disorders, dysgraphia, attention disorders and various development disabilities. She is trained in DIR/Floor Time, Handwriting Without Tears, and is an advanced practitioner of Integrated Listening Systems (ILS), Safe and Sound Protocol (SSP) and a certified provider of The Listening Program (TLP).

Angie Brown
M.S. CCC-SLP

Angie has a Masters in Speech Pathology and over 20 years of experience working with a variety of speech and language disorders. Her extensive experience includes her role as the Clinical Educator at U of H graduate clinic, an evaluator for ECI, participation in HISD Young Learner's Program, craniofacial abnormalities clinic, and pediatric swallowing clinic.

THE ZONE

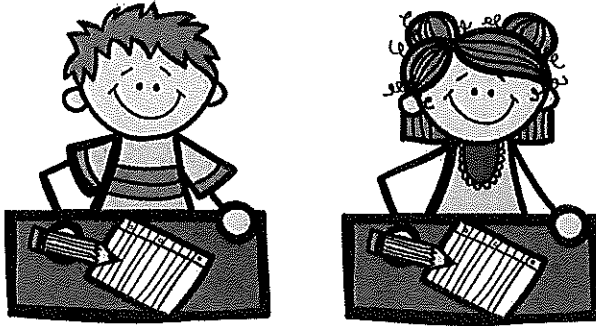
10371 Stella Link Rd.
2nd Floor
Houston, TX 77025

**For scheduling or
questions, contact:**

Melissa Zilich, OTR

missyannz@comcast.net

HANDWRITING CAMP



Handwriting challenges come in so many different forms! From the child who holds their pencil inefficiently, to the student who was never taught the correct letter formation and now struggles with legible written work, to letter reversals, to poor line awareness and spatial awareness...handwriting is complicated! The goal of the class is to lay the foundation for efficient handwriting by working on the gross motor, fine motor and visual motor skills that support this complex skill. Take the stress out of handwriting with our fun multi-sensory group class for children! Handwriting Class is for kids entering into pre-k - 2 nd grade and is led by an Occupational Therapist. The Handwriting class is for children of all abilities. The class is formatted to meet the child's grade level in a fun interactive way with movement breaks, crafts, and developmentally appropriate play skills.

Session 1 Dates Feb 1, Feb 8, Feb 15, Feb 22,
Mar 1, Mar 8

Session 2 Dates Mar 22, Mar 29, Apr 5, Apr 12,
Apr 19, Apr 26

All sessions are Tuesday's 2:15-3:15
Cost is \$360/child/session



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